



MENU 1

ENTRADAS

Creme de legumes
Salada mista simples
Salada Ceaser de camarão
Salada de atum
Carnes frias com pickles
Queijos com bolachas
Salada de grão com cebola roxa e salsa
Paté com frutas

QUENTES

Show cooking

Seleção de pizzas
Penne carbonara: cebola, bacon, natas,
gema de ovo e parmesão
Lasanha de carne gratinada
Filetes de peixe com molho à
Portuguesa
Medalhões de porco com alho e louro
Bife de frango salteado com azeite de
ervas
Arroz de peixe e marisco

SOBREMESAS

Sugestão de doces
Gelados
Fruta laminada

ACOMPANHAMENTOS

Salada ou legumes
Batata Frita ou Arroz ou Pasta

STARTERS

*Vegetable soup
Tomato, lettuce and onion salad
Ceaser salad with shrimps
Tuna salad
Cold meats with pickles
Cheese with cracker
Chick peas salad with red onion and
parsley
Pate with fruits*

HOT DISHES

Show cooking

*Selection of pizzas
Penne carbonara: onion, bacon,
cream, egg yolk and parmesan
Meat lasagna
Fish filets with portuguese sauce
Pork medallions with garlic and bay leaf
Chicken steak sauteed with herbs olive oil
Fish and seafood rice*

DESSERT

*Selection of sweets of the day
Ice cream
Sliced fruit*

SIDE DISHES

*Salad or vegetables
French fries or rice or pasta*



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MENU 2

ENTRADAS

- Creme de tomate
- Salada mista simples
- Salada de camarão com frutas, sementes germinadas e molho cocktail
- Salada de folhas verdes com queijo fresco e frutos secos
- Tacos vegetarianos com abacate, tomate, cebola roxa e coentros
- Queijo com bolachas
- Carnes frias

QUENTES

Show cooking

- Seleção de pizzas do dia
- Esparguete Matriciana: molho tomate, bacon, malagueta e queijo parmesão
- Raviolis de queijo e espinafres com molho de tomate e natas
- Filete de dourada com tomate cereja e frutos de alcaparras
- Perna de pato confitada com crocante de batata doce
- Escalopes de novilho com molho pimenta
- Guisado de vaca com cogumelos e bacon

SOBREMESAS

- Sugestão de doces
- Gelados
- Fruta laminada

ACOMPANHAMENTOS

- Salada ou legumes
- Batata Frita ou Arroz ou Pasta

STARTERS

- Tomato soup
- Tomato, lettuce and onion salad
- Shrimp salad with fruit, sprouted seeds and cocktail sauce
- Green salad with fresh cheese and nuts
- Vegetarian tacos with avocado, tomato, red onion and coriander
- Cheese with cracker
- Cold meats

HOT DISHES

Show cooking

- Selection of pizzas
- Spaghetti Matriciana: tomato sauce, bacon, chilli and parmesan cheese
- Cheese and spinach raviolis with tomato sauce and cream
- Golden bream fillet with cherry tomatoes and capers
- Confit duck leg with crispy sweet potato
- Veal scallops with pepper sauce
- Beef stew with mushrooms and bacon

DESSERT

- Selection of sweets of the day
- Ice cream
- Sliced fruit

SIDE DISHES

- Salad or vegetables
- French fries or rice or pasta



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MENU 3

ENTRADAS

- Creme de cenoura e agrião
- Salada mista simples
- Tomate e queijo mozzarella com azeite de manjeriçã
- Salada de couve com cenoura e passas de uva
- Melão e presunto com buquê de saladas frescas e redução de vinho do Porto Queijo com bolachas
- Salada de feijão frade com atum
- Sushi

QUENTES

Show cooking

- Seleção de pizzas do dia
- Fusilli com molho de bolonhesa
- Gnocchi com espinafres e pinhões gratinados
- Espadarte com frutas tropicais
- Escalopes de porco à portuguesa, presunto molho de alho
- Frango na chapa com molho creme
- Bacalhau com natas

SOBREMESAS

- Sugestão de doces
- Gelados
- Fruta laminada

ACOMPANHAMENTOS

- Salada ou legumes
- Batata Frita ou Arroz ou Pasta

STARTERS

- Carrot and watercress soup*
- Tomato, lettuce and onion salad*
- Tomato and mozzarella cheese with basil oil*
- Cabbage salad with carrots and raisins*
- Melon and ham with fresh salad and reduction of Port wine*
- Cheese with craker*
- Black-eyed peas salad with tuna*
- Sushi*

HOT DISHES

Show cooking

- Selection of pizzas*
- Fusilli with bolognese sauce*
- Gnocchi with spinach and pine nuts au gratin*
- Swordfish with tropical fruits*
- Portuguese pork scallops, ham, garlic sauce*
- Grilled chicken with cream sauce*
- Cod fish with cream*

DESSERT

- Selection of sweets of the day*
- Ice cream*
- Sliced fruit*

SIDE DISHES

- Salad or vegetables*
- French fries or rice or pasta*



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MENU 4

ENTRADAS

- Sopa juliana de legumes
- Salada mista
- Salada Ceasar de frango
- Salada de quinoa, legumes e tofu com pinhões torrados
- Mousse de peixe, alcaparras e cebola roxa
- Queijos com bolachas
- Salada de legumes mediterrâneos com queijo fresco
- Mexilhão com vinagrete

QUENTES

Show cooking

- Seleção de pizzas do dia
- Penne com legumes, tofu e molho de açafrão
- Esparguete Puttanesca: molho tomate, alcaparras, anchovas, alho e azeitonas
- Filete de robalo com batata violeta e cogumelos do bosque
- Salteado de peru com legumes mediterrâneos
- Grelhada mista carne de vaca, borrego, frango com bacon
- Ensoñado de borrego

SOBREMESAS

- Sugestão de doces
- Gelados
- Fruta laminada

ACOMPANHAMENTOS

- Salada ou legumes
- Batata Frita ou Arroz ou Pasta

STARTERS

- Vegetable soup*
- Tomato, lettuce and onion salad*
- Ceasar salad with chicken*
- Quinoa, vegetables, and tofu salad with roasted pine nuts*
- Fish mousse with capers and red onion*
- Cheese with cracker*
- Mediterranean vegetable salad with fresh cheese*
- Mussels with vinaigrette*

HOT DISHES

Show cooking

- Selection of pizzas*
- Penne with vegetables, tofu, and saffron sauce*
- Puttanesca spaghetti: tomato sauce, capers, anchovies, garlic, and olives*
- Sea bass fillet with violet potatoes and forest mushrooms*
- Sautéed turkey with Mediterranean vegetables*
- Selection of grilled meat, beef, lamb, chicken with bacon*
- Lamb stew*

DESSERT

- Selection of sweets of the day*
- Ice cream*
- Sliced fruit*

SIDE DISHES

- Salad or vegetables*
- French fries or rice or pasta*



MENU 5

ENTRADAS

Creme de espargos
Salada mista simples
Salada Grega: queijo feta, tomate, pepino,
pimento, cebola e azeitonas
Salada Waldorf com camarão, maçã, aipo,
noz, camarão e maionese
Sardinhas com tomate e cebola vermelha
Queijo com bolacha
Salada de carnes frias com milho e
abacaxi
Camarão cozido

QUENTES

Show cooking

Seleção de pizzas do dia
Massa de arroz com legumes, camarão e
molho soja
Fusilli salteado com cogumelos, milho,
courgette e molho creme
Tamboril com molho de cataplana e
ameijãs
Escalopes de novilho na chapa com
manteiga de ervas e limão
Supremos de frango com bacon,
cebolinhas e cogumelos
Rojões com castanhas

SOBREMESAS

Sugestão de doces
Gelados
Fruta laminada

ACOMPANHAMENTOS

Salada ou legumes
Batata Frita ou Arroz ou Pasta

STARTERS

Asparagus soup
Tomato, lettuce and onion salad
Greek Salad: feta cheese, tomatoes,
cucumbers, peppers, onions and olives
Waldorf salad with shrimp, apple, celery,
nuts, shrimp and mayonnaise
Sardines with tomato and red onion
Cheese with cracker
Cold meats salad with corn and pineapple
Prawns

HOT DISHES

Show cooking

Selection of pizzas
Rice noodles with vegetables, shrimp, and
soy sauce
Sautéed Fusilli with mushrooms, corn,
courgetti and sauce
Monkfish with "cataplana" and clams sauce
Veal Scallops with lemon and herb butter
Chicken supremes with bacon, baby
onions and mushrooms
Pork meat with chestnuts

DESSERT

Selection of sweets of the day
Ice cream
Sliced fruit

SIDE DISHES

Salad or vegetables
French fries or rice or pasta



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MENU 6

ENTRADAS

- Crème de alho francês
- Salada mista simples
- Abacate com mozzarellini, tomate cherry e balsâmico
- Salada de frango com amêndoas
- Tártaro de salmão do chefe com molho de rábano e tostas
- Queijos com bolachas
- Salada de palmitos com frutos
- Salada de batata com maionese

QUENTES

Show cooking

- Seleção de pizzas do dia
- Linguine com cogumelos, tomate seco e espinafres
- Macarrão com molho de três queijos
- Bacalhau à Brás: bacalhau, cebola, batata palha e ovos
- Lombinho de porco na chapa com abacaxi grelhado
- Frango piri-piri
- Stroganoff de peru

SOBREMESAS

- Sugestão de doces
- Gelados
- Fruta laminada

ACOMPANHAMENTOS

- Salada ou legumes
- Batata Frita ou Arroz ou Pasta

STARTERS

- Leek soup
- Tomato, lettuce and onion salad
- Avocado with mozzarellini, cherry tomatoes and balsamic
- Chicken salad with almonds
- Chef's salmon tartar with horseradish sauce and toast
- Cheese with cracker
- Heart of palm salad with fruits
- Potatoes salad with mayonnaise

HOT DISHES

Show cooking

- Selection of pizzas
- Linguine with mushrooms, dried tomatoes, and spinach
- Macaroni with three cheese sauce
- Brás Cod fish "codfish, onion, potato sticks and eggs"
- Pork tenderloin with grilled pineapple
- Chicken piri-piri
- Turkey stroganoff

DESSERT

- Selection of sweets of the day
- Ice cream
- Sliced fruit

SIDE DISHES

- Salad or vegetables
- French fries or rice or pasta



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MENU 7

ENTRADAS

Creme de ervilhas
Salada mista simples
Salada de polvo
Salada russa com ovos cozidos
Queijos com bolachas
Salada de legumes grelhados com
parmesão
Salada de charcutaria
Hummus com nachos

QUENTES

Show cooking

Seleção de pizzas do dia
Massa chinesa com legumes, frango e
molho de ostras
Lasanha de legumes gratinada
Salmão com tabulé de quinoa
e legumes mediterrâneos
Escalopes de vitela na chapa com
misto de cogumelos
Costeletas de borrego grelhadas com
molho menta
Carne de porco à Alentejana

SOBREMESAS

Sugestão de doces
Gelados
Fruta laminada

ACOMPANHAMENTOS

Salada ou legumes
Batata Frita ou Arroz ou Pasta

STARTERS

Peas cream soup
Tomato, lettuce and onion salad
Octopus salad
Russian salad with boiled eggs
Cheese with cracker
Grilled vegetables salad with
parmesan cheese
Charcuterie salad
Hummus with nachos

HOT DISHES

Show cooking

Selection of pizzas
Chinese pasta with vegetables,
chicken and oyster sauce
Vegetable lasagna
Salmon with quinoa tabulé and
Mediterranean vegetables
Veal scallops with mushrooms
Grilled lamb chops with mint sauce
Pork meat with clams

DESSERT

Selection of sweets of the day
Ice cream
Sliced fruit

SIDE DISHES

Salad or vegetables
French fries or rice or pasta